# The Anglican Rosary

Praying the rosary is a tactile aid to focus on prayer. Our minds naturally tend to wander, and it can help to have something we can hold onto physically – sometimes, just the touch of an item dedicated to prayer can remind us of the peace of God and put us in a prayerful frame of mind.

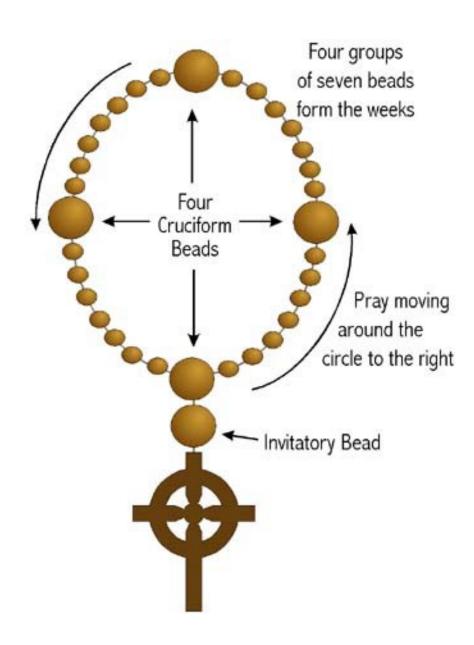
There is a great deal of symbolism woven into the design of the Anglican rosary. There are thirty-three beads representing the thirty-three years of Jesus' life. The Cruciform beads form the cross and can also represent the four compass points of the earth. The seven beads of the Weeks can represent the seven days of creation, the day of the Sabbath, and the number seven is often used in the Bible as symbolic of perfection. To enter into prayer there is an Invitatory bead, much like we say an invitatory collect at the beginning of our services to invite us into worship.

The rosary can be prayed alone or with a group. It is recommended a person pray around the circle three times – a symbolic number for the Trinity. Doing so also invites us to go deeper as distractions fall away.

In general, the rosary is used in three basic ways:

- 1. Repetition of the same prayer or devotion.
- 2. Repetition of several different prayers in some pattern, sometimes interspersed with or accompanied by meditations whether spoken, silent or with music or chanting.
- 3. Meditation on a series of spiritual themes.

When praying, the idea is to be unhurried and calm. The goal is not so much to finish, as to develop a rhythm in prayer. I tend not to think of it as repetition, but sinking deeper with each meditation into the presence of God.



# **Trisagion and Jesus Prayer Anglican Rosary**

### The Cross

In the Name of God, Father, Son, and Holy Spirit. Amen.

## The Invitatory

O God make speed to save us,

O Lord make haste to help us,

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be forever. Amen.

# **The Cruciforms**

Holy God, Holy and Mighty,

Holy Immortal One, Have mercy upon me (us).

### The Weeks

Lord Jesus Christ, Son of God,

Have mercy on me, a sinner.

## The Invitatory (Last time through)

The Lord's Prayer

## **The Cross**

Let us bless the Lord

Thanks be to God.

# **Psalm 121 Anglican Rosary**

### The Cross

In the Name of God, Father, Son, and Holy Spirit. Amen.

# The Invitatory

O God make speed to save us,

O Lord make haste to help us,

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

### The Cruciforms

I lift up my eyes to the hills; from where is my help to come? My help comes from the LORD, the maker of heaven and earth. Behold, he who keeps watch over Israel shall neither slumber nor sleep.

The Weeks (each phrase on a separate bead)

The LORD himself watches over me.

The LORD will not let my foot be moved.

He who watches over me will not fall asleep.

The LORD is my shade at my right hand.

The LORD shall preserve me from all evil.

It the LORD who shall keep me safe.

The LORD shall watch over my going out and my coming in, from this time forth for evermore.

The Invitatory (Last time through)

The Lord's Prayer

### The Cross

Let us bless the Lord

Thanks be to God.

## **Julian of Norwich Prayer Anglican Rosary**

### The Cross

In the Name of God, Father, Son, and Holy Spirit. Amen.

# The Invitatory

O God make speed to save us,

O Lord make haste to help us,

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be forever. Amen.

### The Cruciforms

God of your goodness, give me yourself,

For you are enough to me.

And I can ask for nothing less that is to your glory.

And if I ask for anything less, I shall still be in want, for only in you have I all.

### The Weeks

All shall be well, and all shall be well,

And all manner of things shall be well.

- or -

In His love He has done His works, and in His love He has made all things beneficial to us.

# The Invitatory (Last time through)

The Lord's Prayer

### The Cross

Let us bless the Lord

Thanks be to God.

## **A Celtic Prayer Anglican Rosary**

### The Cross

In the Name of God, Father, Son, and Holy Spirit. Amen.

## The Invitatory

O God make speed to save us,

O Lord make haste to help us,

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be forever. Amen.

### The Cruciforms

Be the eye of God dwelling with me, The foot of Christ in guidance with me, The shower of the Spirit pouring on me, Richly and generously.

The Weeks (each phrase on a separate bead)

I bow before the Father who made me.

I bow before the Son who saved me.

I bow before the Spirit who guides me.

I bind unto my self today the loving power of God to make new, to save, and to lead.

I praise the Name of the one on high.

I bow before Thee, Sacred Three,

The ever One, the Trinity.

The Invitatory (Last time through)

The Lord's Prayer

### **The Cross**

Let us bless the Lord

Thanks be to God.

# **An Evening Prayer Anglican Rosary**

### The Cross

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be for ever. Amen.

## The Invitatory

Visit this place, O Lord, and drive from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace, and let your blessing be upon us always, through Jesus Christ our Lord. Amen.

### The Cruciforms

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

**The Weeks** (each phrase on a separate bead)

Jesus, Lamb of God, have mercy on us.

Jesus, Bearer of our sins, have mercy on us.

Jesus, Redeemer of the world, give us your peace.

Jesus, Light of the world, shine in our hearts.

Jesus, Hope of all, be our companion on our way.

Jesus, Great Physician, heal our broken lives.

Jesus, Beloved Son of God, kindle within us the fire of your love.

# The Invitatory (Last time through)

The Lord's Prayer

### The Cross

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

# **A Healing Prayer Anglican Rosary**

### The Cross

Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

## The Invitatory

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

### The Cruciforms

Be present, O God, in your goodness with your faithful servants, that their weakness may be banished and their strength restored, that their health be renewed, and they may bless your holy name, through Jesus Christ our Lord.

**The Weeks** (each phrase on a separate bead)

From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I.

The Lord is gracious and full of compassion,

slow to anger and great in mercy.

The Lord is good to all, And His tender mercies are over all His works.

God heals the brokenhearted and binds up their wounds.

The Lord sets prisoners free.

The Lord gives sight to the blind.

The Lord lifts up those who are bowed down.

The Invitatory (Last time through)

The Lord's Prayer

### The Cross

Heavenly Father, giver of life and health: comfort and relieve your servants and give your power of healing to those in need, that they may be strengthened in their weakness and have confidence in your loving care. Amen

# **Prayer for Our Nation Anglican Rosary**

### The Cross

Almighty God, who has given us this good land for our heritage: We humbly beseech you that we may always prove ourselves a people mindful of your favor and glad to do your will. Bless our land with honorable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogance, and from every evil way. Defend our liberties, and fashion us into one united people. Endue with the spirit of wisdom those to whom in your Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to your law, we may show forth your praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in you to fail; all which we ask through Jesus Christ our Lord. Amen. (BCP 820)

## The Invitatory

Let the words of my mouth, and the meditation of my heart, be acceptable in your sight, O Lord, my strength, and my redeemer. Amen.

#### The Cruciforms

Lord God Almighty, you have made all the peoples of the earth for your glory, to serve you in freedom and in peace: Give to the people of our country a zeal for justice and the strength of forbearance, that we may use our liberty in accordance with your gracious will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen. (BCP 258)

The Weeks (each phrase on a separate bead)

- Almighty God, make us always thankful for your loving providence, that we may be faithful stewards of your good gifts.
- Grant us grace fearlessly to contend against evil and to make no peace with oppression.
- Jesus, give us your wisdom, patience, and courage, that we may minister in your Name to the suffering, the friendless, and the needy.
- Lord God, help us see that you have so linked our lives one with another that all we do affects, for good or ill, all other lives.
- Help us proclaim by word and example the Good News of God in Christ.
- Help us seek and serve Christ in all persons, loving our neighbors as ourselves.
- Help us strive for justice and peace among all people, and respect the dignity of every human being.

The Invitatory (Last time through)

The Lord's Prayer

### The Cross

Heavenly Father, in Baptism you have raised us to the new life of grace. Sustain us, O Lord, in your Holy Spirit. Give us inquiring and discerning hearts, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. Amen.

# Magnificat

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior; \*

for he has looked with favor on his lowly servant.

2 From this day all generations will call me blessed: \* the Almighty has done great things for me, and holy is his Name.

3 He has mercy on those who fear him \* in every generation.

4 He has shown the strength of his arm, \*
he has scattered the proud in their conceit.

5 He has cast down the mighty from their thrones, \* and has lifted up the lowly.

6 He has filled the hungry with good things, \* and the rich he has sent away empty.

7 He has come to the help of his servant Israel, \* for he has remembered his promise of mercy,

8 The promise he made to our fathers, \*
to Abraham and his children for ever.

9 Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

### **Nunc Dimittis**

Lord, you now have set your servant free \* to go in peace as you have promised;

2 For these eyes of mine have seen the Savior, \* whom you have prepared for all the world to see:

3 A Light to enlighten the nations, \* and the glory of your people Israel.

4 Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

### Te Deum Laudamus

We praise thee, O God; we acknowledge thee to be the Lord.

All the earth doth worship thee, the Father everlasting.

To thee all Angels cry aloud,

the Heavens and all the Powers therein.

To thee Cherubim and Seraphim continually do cry:

Holy, holy, holy, Lord God of Hosts;

Heaven and earth are full of the majesty of thy glory.

The glorious company of the apostles praise thee.

The goodly fellowship of the prophets praise thee.

The noble army of martyrs praise thee.

The holy Church throughout all the world

doth acknowledge thee,

the Father, of an infinite majesty,

thine adorable, true, and only Son,

also the Holy Ghost the Comforter.

Thou art the King of glory, O Christ.

Thou art the everlasting Son of the Father.

When thou tookest upon thee to deliver man,

thou didst humble thyself to be born of a Virgin.

When thou hadst overcome the sharpness of death,

thou didst open the kingdom of heaven to all believers.

Thou sittest at the right hand of God, in the glory of the Father.

We believe that thou shalt come to be our judge.

We therefore pray thee, help thy servants,

whom thou hast redeemed with thy precious blood.

Make them to be numbered with thy saints,

in glory everlasting.

O Lord, save thy people and bless thine heritage;

Govern them and lift them up for ever.

Day by day we magnify thee;

And we worship thy name for ever, world without end.

Vouchsafe, O Lord, to keep us this day without sin;

O Lord, have mercy upon us, have mercy upon us.

O Lord, let thy mercy be upon us;

As our trust is in thee.

O Lord, in thee have I trusted;

Let me never be confounded.

### Psalm 100 Jubilate Deo

Be joyful in the Lord, all you lands; \*
serve the Lord with gladness
and come before his presence with song.

2 Know this: The Lord himself is God; \*
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

3 Enter his gates with thanksgiving; go into his courts with praise; \* give thanks to him and call upon his Name.

4. For the Lord is good; his mercy is everlasting; \* and his faithfulness endures from age to age.

## Psalm 146 Lauda, anima mea

Hallelujah! Praise the LORD, O my soul! \*

I will praise the LORD as long as I live;

I will sing praises to my God while I have my being.

2 Put not your trust in rulers, nor in any child of earth, \* for there is no help in them.

3 When they breathe their last, they return to earth, \* and in that day their thoughts perish.

4 Happy are they who have the God of Jacob for their help! \* whose hope is in the LORD their God;

5 Who made heaven and earth, the seas, and all that is in them; \* who keeps his promise for ever;

6 Who gives justice to those who are oppressed, \* and food to those who hunger.

7 The LORD sets the prisoners free;

the LORD opens the eyes of the blind; \*

the LORD lifts up those who are bowed down;

8 The LORD loves the righteous; the LORD cares for the stranger; \*
he sustains the orphan and widow,
but frustrates the way of the wicked.

9 The LORD shall reign for ever, \* your God, O Zion, throughout all generations. Hallelujah!

## Psalm 42 Quemadmodum

As the deer longs for the water-brooks, \* so longs my soul for you, O God.

2 My soul is athirst for God, athirst for the living God; \* when shall I come to appear before the presence of God?

3 My tears have been my food day and night, \*
while all day long they say to me,
"Where now is your God?"

4 I pour out my soul when I think on these things; \*
how I went with the multitude
and led them into the house of God,

5 With the voice of praise and thanksgiving, \* among those who keep holy-day.

6 Why are you so full of heaviness, O my soul? \* and why are you so disquieted within me?

7 Put your trust in God; \*

for I will yet give thanks to him, who is the help of my countenance, and my God.

8 My soul is heavy within me; \*

therefore I will remember you from the land of Jordan, and from the peak of Mizar among the heights of Hermon.

9 One deep calls to another in the noise of your cataracts; \* all your rapids and floods have gone over me.

10 The LORD grants his loving-kindness in the daytime; \* in the night season his song is with me, a prayer to the God of my life.

11 I will say to the God of my strength, "Why have you forgotten me? \*

and why do I go so heavily while the enemy oppresses me?"

12 While my bones are being broken,  ${\color{gray}^{*}}$ 

my enemies mock me to my face;

13 All day long they mock me \*

and say to me, "Where now is your God?"

14 Why are you so full of heaviness, O my soul? \* and why are you so disquieted within me?

15 Put your trust in God; \*

for I will yet give thanks to him, who is the help of my countenance, and my God.

## Psalm 23 Dominus regit me

THE LORD is my shepherd; \*

therefore can I lack nothing.

2 He shall feed me in a green pasture, \*

and lead me forth beside the waters of comfort.

3 He shall convert my soul, \*

and bring me forth in the paths of righteousness for his Name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; \*

for thou art with me; thy rod and thy staff comfort me.

5 Thou shalt prepare a table before me

in the presence of them that trouble me; \*

thou hast anointed my head with oil, and my cup shall be full.

6 Surely thy loving-kindness and mercy

shall follow me all the days of my life; \*

and I will dwell in the house of the LORD for ever.

### Psalm 121 Levavi oculos

I WILL lift up mine eyes unto the hills; \*

from whence cometh my help?

2 My help cometh even from the LORD, \*

who hath made heaven and earth.

3 He will not suffer thy foot to be moved; \*

and he that keepeth thee will not sleep.

4 Behold, he that keepeth Israel \*

shall neither slumber nor sleep.

5 The LORD himself is thy keeper; \*

the LORD is thy defence upon thy right hand;

6 So that the sun shall not burn thee by day, \*

neither the moon by night.

7 The LORD shall preserve thee from all evil; \*

yea, it is even he that shall keep thy soul.

8 The LORD shall preserve thy going out, and thy coming in, \* from this time forth for evermore.

# Psalm 130 De profundis

Out of the depths have I called to you, O LORD;

LORD, hear my voice; \*

let your ears consider well the voice of my supplication.

2 If you, LORD, were to note what is done amiss, \*

O LORD, who could stand?

3 For there is forgiveness with you; \*

therefore you shall be feared.

4 I wait for the LORD; my soul waits for him; \*

in his word is my hope.

5 My soul waits for the LORD, more than watchmen for the morning, \* more than watchmen for the morning.

6 O Israel, wait for the LORD, \*

for with the LORD there is mercy;

7 With him there is plenteous redemption, \*

and he shall redeem Israel from all their sins.

# Psalm 145: 8-9, 14-20

The LORD is gracious and full of compassion, \*

slow to anger and of great kindness.

The LORD is loving to everyone \*

and his compassion is over all his works.

The LORD is faithful in all his words \*

and merciful in all his deeds.

The LORD upholds all those who fall; \*

he lifts up those who are bowed down.

The eyes of all wait upon you, O LORD, \*

and you give them their food in due season.

You open wide your hand \*

and satisfy the needs of every living creature.

The LORD is righteous in all his ways \*

and loving in all his works.

The LORD is near to those who call upon him, \*

to all who call upon him faithfully.

He fulfills the desire of those who fear him; \*

he hears their cry and helps them.

# A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

## For the Human Family

O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. Amen

# **For Our Country**

Almighty God, who has given us this good land for our heritage: We humbly beseech you that we may always prove ourselves a people mindful of your favor and glad to do your will. Bless our land with honorable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogance, and from every evil way. Defend our liberties, and fashion us into one united people. Endue with the spirit of wisdom those to whom in your Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to your law, we may show forth your praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in you to fail; all which we ask through Jesus Christ our Lord. Amen.

## **Additional Prayers**

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

O God, you will keep in perfect peace those who minds are fixed on you; for in returning and rest we shall be saved; in quietness and trust shall be our strength. Isaiah 26:3; 30:15

Visit this place, O Lord, and drive from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace, and let your blessing be upon us always, through Jesus Christ our Lord. Amen.

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

### An Affirmation of Faith

We believe that Jesus took the form of a slave,

so we commit ourselves to serve others.

We believe that God is love,

so we commit ourselves to reconciliation.

We believe that Jesus gives us his Spirit,

so we commit ourselves to his work in the world.

We believe that God is the light of life,

so we commit ourselves to bearing God's light in our world.

W e believe that the Spirit speaks through us,

so we commit ourselves to proclaim the good news of abundant life in the world God loves.